



SHARKS

THE SHARK ATTACK

PARK ORCHARDS NORTH RINGWOOD PARISH
JUNIOR FOOTBALL CLUB

ROUND 2

07 - 05 - 2023

Milestone Games



Congratulations to Will Rossimel, Ryan Gassmann, Max Dominko and George Crea who all celebrated their 100th game on Sunday! Amazing effort boys.

Park Orchards North Ringwood Parish Junior Football Club acknowledges the Wurundjeri people as the traditional owners of the land and we pay our respects to elders past and present.

www.sharksjfc.org.au

Kokoda Track Triumph

By Adam Bosna, U16 Girls Coach

Many thanks to the Park Orchards Junior committee for donating five Sharks branded footballs to be shared with children in Papua New Guinea during my recent trip.

The Kokoda track was demanding and rewarding, and the Sharks footballs were happily received by kids in villages deep in the jungle between Kokoda and Kagi, as well as pencils, paints and balloons.

In Isurava, a memorial features four Australian black granite pillars that are each inscribed with a single word - 'courage', 'endurance', 'mateship', and 'sacrifice' - representing the values and qualities of those Australians on the Kokoda Trail during 1942. These are qualities that are important to me and the Under 16 Girls for this season.

For anyone considering walking the track, I highly recommend it, and keep your eye out for some budding AFL talent in years to come.



Code of Conduct

The Sharks Junior Football Club prides itself on being an inclusive, family focussed club that gives everyone a fair go.

Our priority is to provide a safe place for kids to have fun, form friendships and overall perfect the art of being a good citizen.

We have a proud history in setting high standards in how we conduct ourselves on and off the field. It's a team effort and we see no reason why this shouldn't continue.

The following codes of conduct are accepted as terms and conditions of registration with The Sharks Junior Football Club, and we expect all members to abide by them.

PARENTS	PLAYERS
1. Encourage participation but do not force them	1. Play by the laws and rules
2. Teach that honest effort is the victory, not the winning	2. Don't argue
3. Encourage to play by the rules	3. Control your temper
4. Never ridicule mistakes or losses	4. Be a team player
5. Remember, involvement is for their enjoyment, not yours	5. Be a good sport
6. Remember, they learn best by example. Applaud both teams	6. Treat all players fairly
7. Recognise positively the recreational contribution of voluntary officials	7. Cooperate with your coach and teammates
8. Never publicly disagree with officials. Raise issues privately	8. Play for fun and improvement
9. Support all efforts to remove verbal, racial and physical abuse	9. Avoid ugly remarks based on race or gender
10. Support your club officials to foster high standards of behaviour for your Club/League	

SALT sessions for our club

We have partnered with Sport & Life Training (SALT) who is a not-for-profit health promotion charity whose vision is to transform Australian culture through sport.

As part of our partnership, we will be offering our members a variety of informative sessions in person and on line to attend throughout the season.

We are kicking this off with an Empowerment and Leadership session for our U14, U16 and Youth Girls this week. During the session the girls will take a deep dive into helping girls overcome an often accepted, narrow definition of what it means to be a woman. They will also be encouraged to recognise their strengths and values, and apply them widely to bring out the best in themselves and others around them.

Positive Sport Parenting Session - Monday 22nd May @ Domeney

SALT will also host a session aimed at parents of sporting kids on Monday 22nd May at Domeney.

The positive sports parenting session focuses on sport is about life and life is not about sport. This session will give parents a clear perspective on how to support coaches and clubs in positive ways and how to conduct themselves at junior sporting matches. You will be challenged to see that sport is an opportunity to set your kids up for life success and will be encouraged to help your children to value the strengths that sports develop such as courage, discipline, teamwork, good decision making, good communication and sacrifice.

Keep an eye out for other sessions that will be happening throughout the season.

To find out more about SALT, visit www.sportandlifetraining.com.au



SALT
SPORT & LIFE TRAINING



Positive Parenting

Undertaking Sport and Life Training this year has proved to be the most valuable and important training we have ever committed to as a club.
- Noel from Lindenow South FNC

DATE

22 May 2023

TIME

7:30pm - 9:00pm

LOCATION

Domeney Reserve
Knees Rd, Park Orchards

For more information

www.sportandlifetraining.com.au

PH: 1300 980 424

scott.angove@sportandlifetraining.com.au

This module starts with the premise that sport is about life, life is not about sport. Many children form too much of their identities around their sporting talents and achievements, rather than the character strengths and the values they demonstrate. This will give parents a clear perspective on how to support coaches and clubs in positive ways and how to conduct themselves at junior sporting matches. They are challenged to see that sport is an opportunity to set their kids up for life success and are encouraged to help their children to value the strengths that sports develop such as courage, discipline, teamwork, good decision making, good communication and sacrifice. In this module, parents are provided with fantastic tools to prepare their children to be strong, caring, capable and successful adults. This course is generally run at the beginning of the season and can be done on-line to maximise parents' attendance.



PROUDLY SPONSORED BY:

Bendigo Bank

Sharks Calendar of Events

22nd May

Positive Sports Parenting session with SALT @ Domeney 7.30pm
(see flier below for more information)

14th May

Round 4 - Community Umpiring Week

15th – 21st May

National Volunteer Week

21st May

Under 8 Round Robin (details TBC)

21st May Sir Doug Nicholls Round

28th May Under 9 Round Robin (details TBC)

28th May Love the Game Round

23rd July TAC Road Safety Round



YARRA
JUNIOR
FOOTBALL
LEAGUE

2023 FIXTURE



YARRA
JUNIOR
FOOTBALL
LEAGUE

2023 FIXTURE

ROUND 1	23 APR	ROUND 7	4 JUN	ROUND 12	30 JUL
ROUND 2	30 APR	KING'S BIRTHDAY (INTERLEAGUE)	11 JUN	ROUND 13	6 AUG
ROUND 3	7 MAY	ROUND 8	18 JUN	ROUND 14	13 AUG
ROUND 4	14 MAY	ROUND 9	25 JUN	FINALS	
ROUND 5	21 MAY	SCHOOL HOLIDAYS		SEMI FINALS	20 AUG
ROUND 6	28 MAY	ROUND 10	16 JUL	PRELIM FINALS	27 AUG
		ROUND 11	23 JUL	GRAND FINALS	3 SEPT



Team Photos



A huge thank you to Nick Wellman from A-One Sports Photos for the first of two team photo sessions held at Domeney on Sunday.

Nick has enjoyed working with our club. He said: "It looks like a well run and super friendly football club." Thanks Nick!

A second session is planned for Sunday 21st May. Keep an eye out for communication from you Team Managers with times and details of how to order your photos.



Senior Club Family Pass

The Sharks senior club has kindly given all junior club members a Family Pass that gives you FREE entry to all home games at Domeney throughout Season 2023.

Why not start using your card this weekend as the Seniors take on Blackburn? Go Sharks!

WIN

WIN

MOTHER'S & SPECIAL PERSON'S DAY RAFFLE



Garmin Lily Sport Smartwatch (RRP \$349) & water
bottle

Tickets on sale NOW!

\$5 per Ticket

\$20 for 5 Tickets

www.trybooking.com/CIAML



Tickets are on sale until 6pm on Sunday 14th May
ONE winner will be drawn at random

www.sharksjfc.org.au

Warran Glen Mother's Day giveaway



We are thrilled to have Warran Glen Garden Centre & Café on board as club sponsor again this year. They have been a key supporter of our club for a number of years.

In addition to their sponsorship, they generously donate vouchers for each team to give to one lucky mum.

On Sunday your TMs will pull out one lucky mum's name who will win a \$25 Warran Glen Garden Centre & Café voucher. Thank you Warran Glen!

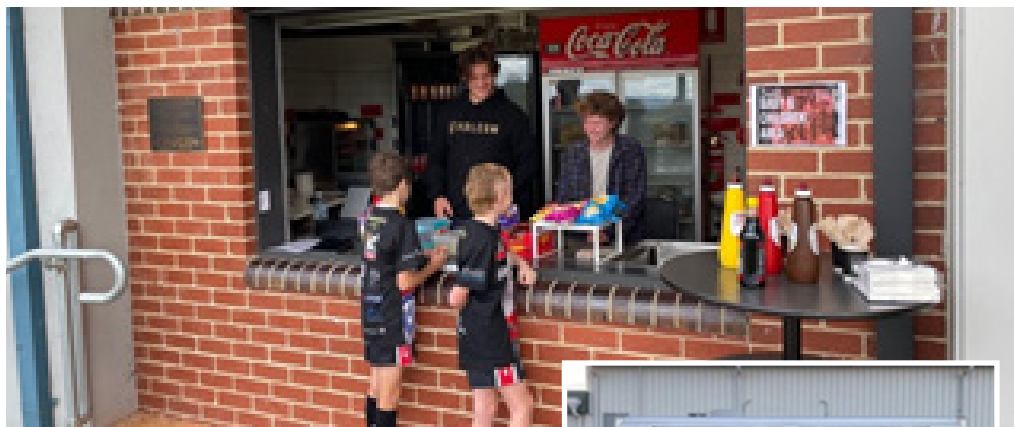


**A
perfect
destination
everyday**

There is something for everyone at Warran Glen. Shop Homewares, Gifts, Fashion, Plants, Pots and so much more.

Open 7 Days | Shop Online & In-Store
www.warranglen.com.au
373 Ringwood-Warrandyte Rd, Warrandyte

Food And Drink Appreciation



The canteen at Domeney is pumping each Sunday thanks to Archie and Billy. Be sure to swing past for your pre or post match re-fuel when you are next at Domeney.

Huge thanks also to these following fantastic businesses for keeping everyone happy at both Domeney and Stintons so far this season, plenty more food and drinks coming to an oval near you throughout the season.

Nothing better than a warm cup and something delicious to eat on a Sunday at the local footy.

Thank you Marc and Linh from MAMA LINH

Thank you Derek from NOW AND NOT YET CAFE

Thank you Phil from CAFE 2 U

Thank you Louise from THE BEAN MASTER



2023 Team Sponsors

A huge thank you to our team sponsors for 2023. We really appreciate your support.

If you would like to be part of our club for season 2023 and would like to know more about the sponsorship packages and opportunities available, please email sponsorship@sharksjfc.org.au



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Lotus Energy was created to serve the needs of their community, businesses and home. Their client base includes large multinational corporations, residential home owners, rural farmers just to name a few.

Lotus Energy is ready to help you with your Efficiency Consultation. Lotus Energy can advise and install on Solar, Batteries, EV Charging and LED Lights.

Commercial & Industrial

Whether the focus of the project is offsetting current energy usage and reducing energy bills or investing in large scale solar farm, our team works with the clients to develop commercial solar power systems that reflect their energy usage and budget.

Community Solar

Community solar needs to be an optimised community grid that is a way for neighbourhoods, villages, towns and cities to meet their energy needs locally.

Lotus Energy believes optimised community grids are the future, even in areas where a larger grid already exists, mainly as a way to increase local energy independence, improve value of feed in tariffs and energy sharing.

Residential

Lotus Energy provides our residential customers with the highest level of Quality, Reliability and Performance of the installation and service.

To find out more about Lotus Energy please visit www.lotusenergy.io

Community Partners



Good for Footy

Toyota Good For Footy Raffle

Support the Sharks by purchasing a ticket to this 2023 Toyota Good For Footy Raffle.

Tickets are just \$5 and 100% of the proceeds go to our club.

There's \$252, 846 in prizes up for grabs, including THREE new Toyotas! That beats a meat tray!

Buy yourself, family and friends a ticket and be Good for Footy.

www.toyotagoodforfooty.raffletix.com.au/parkorchardsjfc?v=1



Buy Swap Sell Group



If you have any Sharks gear that you can no longer use or are looking for something in particular, don't forget to check out the Sharks Buy Swap Sell Group on Facebook.

Let's get social

Don't forget to keep up to date with all the latest news and happenings at the Sharks on our Facebook and Instagram page.



Follow us on facebook and Instagram for all the latest news.

Facebook: Sharks Junior Football Club (PONRPJFC)

Instagram: @Sharksjfc

INCLUSION

FOOTY 4 FUN



play.afl



Experience Australia's most loved sport through AFL Victoria's FREE Footy 4 Fun events delivered across Victoria! A footy experience full of fun activities, modified games & memorable moments to take home with you!

Footy 4 Fun inclusion is for people aged 5-12 that identify as having a disability. The program will involve fun and modified AFL and sport activities delivered in a safe and inclusive environment. All abilities are welcome! Facility is wheelchair accessible.

WHERE:

Mullum Mullum Stadium, Donvale
Parking available

WHEN:

Monday - 15/5 & 22/5
4.30pm - 5.30pm

alex.federico@afl.com.au



REGISTER HERE!

Sharks Jnr Football Club

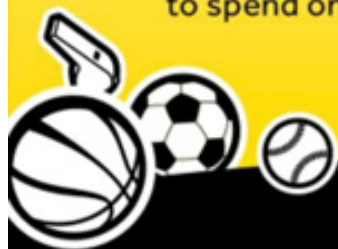
proud partners of



SUPPORT OUR CLUB

Thanks to our partnership with
rebel Community Givebacks

5% of what you spend at rebel comes back to us
to spend on sports equipment and teamwear.



rebel

Simply link your **rebel active membership**
to our club next time you shop at rebel

Not a member? Joining is free & easy. Ask instore for details.

Ritchie's Community Benefit Scheme

Why not make your visits to IGA count and support the Sharks by joining the Ritchie's Community Benefit Program?

This will not only benefit the Sharks but will also all benefit YOU. WIN-WIN!

Featuring monthly promotions, cheaper prices for you, Collect and Win, as well as games and lots more fun things to do.

This is an easy opportunity to support our club.

Every month, our organisation will receive 0.5%* of our members' spend in Ritchies Stores PLUS our members will receive special offers and member only specials via the App.

It's easy as 1, 2, 3, 4 to set up:

1. Download the Ritchies Card App
2. Nominate the Sharks Junior Football Club (PONRPJFC) as your organisation
3. Shop at Ritchies and scan your card when you are paying for your shopping
4. Reap the Benefits

For those members who don't have a smartphone, or would like a physical card, this option is also available and can be linked to the App.

So, what's stopping you, join TODAY!

*T&C's apply see <https://www.ritchies.com.au/ritchiescardterms>

RITCHIES IGA

HELP RAISE FUNDS FOR

Park Orchards North
Ringwood Parish Junior
Football Club

BY USING YOUR
RITCHIES
LOYALTY CARD



- Download the Ritchies Card App



- Nominate our organisation
- Shop at Ritchies
- You will benefit and we will benefit

CONDITIONS APPLY
Go to www.ritchies.com.au/loyalty
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UMPIRES



Train to be an AFL Umpire

Are you 14 years old or older and looking to earn some extra money?

Are you a Mum, Dad or young adult looking to be a part of your local footy community, keep fit, and earn a few dollars?

Why not give umpiring junior footy a go?

The YJFL is always looking for new and enthusiastic umpires to start their umpiring career within Victoria's biggest junior football league.

Every game from U8s is paid and you have opportunity to be both a club and league umpire.

You'll receive training every week from experienced league trainer Jackson Emery at our local training hub, Colman Park, Warrandyte South.

For more information please contact Nina on 0409564724 or umpires@sharksjfc.org.au