

E SHARK A

SHARKS PARK ORCHARDS NORTH RINGWOOD PARISH JUNIOR FOOTBALL CLUB ROUND 13





Congrats to Archie Leonard on his 100 game milestone



Congratulations to Austin Foxwell (U15 Boys) on winning Gold at the recent 2022 U16 Australian Junior Basketball Championships in Perth. Austin was selected back in March as part of the U16 Vic Metro team. Losing only 1 game during the tournament Vic Metro went on to beat QLD Sth in the GF!!







ASH FIREBRACE – Indigenous artist of the Sharks Junior Training Top.

The Sharks Junior Football Club has been lucky enough to work with Yorta Yorta/Wurundjeri artist Ash Firebrace to create the indigenous artwork on our new training tops.

Ash Firebrace is a Melbourne based artist who's painting journey began at the age of 10. Ash describes the Firebrace family as having a passion for art and painting that extends through the generations. Although his talent was discovered early on, Ash really found his love of art when he started further studies in Learning Pathways for Australian Aboriginal and Torres Strait Islander Peoples.

He finds his source of creative ideas in the bush and can draw from a rich heritage and experience to create stunning and meaningful artworks.

He spends a few days a week working with a heritage and land management team, spending time in the bush. Ash's favourite place and special space being the water creeks. He finds it a great healer for his mental health and has used the bush especially over the last 2 years.

In 2007 Ash received the Lin Onus Award at the Victorian Indigenous Art Awards for a portrait of the Wurundjeri leader and artist William Barak. Ash's art can also be seen at the underpass that links the Main Yarra Trail from east to west on the Eastern Freeway (south) side of the Yarra River. The underpass features a painted 60-metre-long mural, celebrating the cultural heritage of the area. The mural was designed and painted in 2019 by Ash Firebrace and Tom Civil and is inspired by the story of how the Yarra River was formed (as told by respected elder Barak).

Ash kindly took on our Sharks training tops as a project.

The artwork represents how the Wurundjeri tribe use to occupy the area and would travel & camp along the Yarra River, living with and respecting the environment.

For those who are wishing to purchase one of these there will be pop up shop at Domeney on Sunday 31st at Domeney – time to be confirmed.

Special thank you to our sponsors who's generosity has allowed us to engage the artist and also keep the price affordable.



Wear your support this weekend. Let's band together for safer roads.





Round 13 weekend was TAC and AFL Victoria Road Safety Round.

Across the 15-17th of July, every AFL Victoria club ran out onto the field for the TAC & AFL Victoria Road Safety Round. On every armband lies a QR code containing stories from an ever-growing number of Victorians on why road safety matters to them. So far this year, 132 people have lost their lives on Victorian roads, with 77 of those in regional areas – a concerning rise on the 59 regional deaths at the same time last year.

Minister for Tourism, Sport and Major Events Steve Dimopoulos said: "Local football and netball clubs are at the heart of their communities and play a significant role in influencing attitudes and behaviours on our roads – especially when it comes to their younger players and members."

U15 girls wearing the TAC arm bands below



Sharks Parents and Friends Social Night

Sat 27th Aug

7.30pm-12.30am Rosebank North 149-151 Warrandyte Rd, Ringwood North

\$65/pp includes plenty of finger food, DJ and drink on arrival (includes beer, wine, bubbly, soft drink or a special Sharks signature cocktail!)

Drinks at bar prices
 Dress: Smart casual



Book via QR code OR https://www.trybooking.com/CBBSQ





PARK ORCHARDS NORTH RINGWOOD PARISH JUNIOR FOOTBALL CLUB

sharksjfc.org.au





Food For Families. Thanks to you.

Visit foodforfamilies.org.au







Food for Families Collection 18-31st July

Uniting Vic Tas Food For Families is a great way to get together to make a tangible difference to the lives of individuals and families experiencing hardship and crisis throughout the year.

The junior and senior clubs are asking families who are able to donate non-perishable and household essential items to this worthy program throughout the month of July.

By supplying food and other essential items, you can ensure vulnerable people facing crisis can access the basics they need to get through a difficult time. All food donated goes directly to people in crisis.

Last year just over 32 tonnes of food was collected, but it wasn't enough to meet the growing demand. Food relief is growing with an increase in presentation of between 30-40% in the past year.

Accepted items include:

- Pasta, rice and noodles
- Flour, polenta and couscous
- Tinned tomatoes, pasta sauces
- Beans, chickpeas and lentils
- Tinned tuna, salmon and ham
- Soups, curries and vegetables
- Baby food, nappies and formula

- Spreads e.g. jam, Vegemite
- Long life milk and cheese
- Tea, coffee, Milo and sugar
- Stir fry sauces and soy sauce
- Coconut milk and coconut cream
- Breakfast cereal and muesli bars
- Toothpaste and toothbrushes
- Shampoo, conditioner and soap

Families are encouraged to give their donations to their TMs at training or drop them into a collection box located in the Domeney club rooms from Monday 18th July until Sunday 31st July.

Thank you for your support. For more information visit www.foodforfamilies.org.au

Buy Swap Sell Group



With the season end drawing upon us, many will have football gear they no longer or that no longer fits. If this is the case please join the Park Orchards Sharks Junior Football Buy Swap and Sell Page on Facebook.

This is a community group that provides a platform for families to buy, swap and sell second-hand Junior Sharks uniform items and boots.

Park Orchards Sharks Junior Football Club Buy Swap Sell Group | Facebook



Make sure you like our facebook page ad start following on instagram page for all the action and updates from the club

Sharks Junior... - Sharks Junior Football Club (PONRPJFC)

The Colts had a fantastic win 83 - 51 over Ashburton. All players wore MND socks in support of Motor Neuron Disease.

To donate please follow the link Donate to end MND | MND Australia https://www.mndaustralia.org.au/donate





Girls

U12 Park Orchards 8.10.58 defeated Heidelberg 0.0.0 U15 Park Orchards defeated Parkside Youth Park Orchards 7.8.50 defeated Doncaster Bulleen 0.0.0

Boys

U11 Park Orchards 3.3.21 defeated by Parade Saints 5.8.38

U12 Park Orchards 7.4.46 defeated Hawthorn Citz 1.0.6

U13 Park Orchards 10.4.64 defeated Heidelberg 6.8.44

U14 Black Park Orchards 7.4.46 defeated by Northcote 7.15.57

U14 Red Park Orchards 17.21.123 defeated Brunswick 3.3.21

U15 Red Park Orchards 7.10.52 defeated by Parkside 10.10.70

U16 black Park Orchards 7.5.47 **defeated by Ashburton 11.9.75**

U16 Red Park Orchards 10.7.67 drew with Kew Rovers 10.7.67

Colts Park Orchards 12.11.83 defeated Ashburton 7.9.51

Positive sport parenting & coaching - SALT

Did you know that a child is three times more connected at their sporting club than they are at school?

Sport is used as a tool to prepare children to be strong, caring, capable and successful adults.

We were thrilled to welcome Sport & Life Training (SALT) to our club last week who hosted positive sport parenting and coaching sessions for our community.

Thank you to those who took time out **HIIT** busy schedules to attend.

These informative sessions emphasised the importance of creating a positive sport experience for our children. In particular, we, as parents, need to stop over professionalising sport and let them have fun!

It's important to help our children become the best versions of themselves.

This will ultimately make for a better experience for players, and families on and off the field.

We look forward to rolling out more sessions for our community including our children.

For more info about SALT please visit https://sportandlifetraining.com.au

PRICE LIST

1# TEAM PHOTO | \$25

2# PRINTED TEAM PLAYER PHOTO | \$45

2# DIGITAL TEAM PLAYER PHOTO | \$33

3# TEAM + 5-IN-1 | \$40

4# TEAM + INDIVIDUAL | \$35

5# VALUE PACK | \$60

SHOP

SCAN THE QR CODE AND SEE WHERE YOU CAN PURCHASE



PHOTOS WILL BE AVAIALBLE FOR PUCHASE SEVEN DAYS FROM DATE TAKEN

Thanks to everyone for ensuring the team photos ran smoothly on Sunday.

The photos will be available in the next 7 days via QR Code.

A link will also be provided once they're online.

20% of all photos ordered will be donated back to the club.

Season Calendar

Round	Date
12	17-July - Sponsor Breakfast
13	24-July - Club Photos
14	31-July
	4-August - Auskick 21st Birthday Celebration
15	7-August
16	14-August - End of Season
Semi Finals	21-August
	27-August - Parents Social Night
Preliminary Finals	28-August
Grand Finals	4-September
	11-September - Presentation Day & AGM



Do you have your membership?

5% of every purchase you make in-store is donated back to us!!

Next time you are in store, sign up or check that your membership is linked to,

Park Orchards North Ringwood Parish Junior Football Club

Get behind your club with REBEL!!





Good for Footy Raffle

SUPPORT YOUR CLUB & BUY A TICKET OR TWO



Buy a \$5 raffle ticket. Three cars to be won. 100% of proceeds go directly to the club.



OH WHAT A FEELING

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Good for Footy Raffle



For every ticket we sell, we keep 100% of the proceeds.

OH WHAT A FEELING

TOYOTA GOOD FOR FOOTY RAFFLE IS UP AND RUNNING.

This year the raffle has gone digital, which means no more paper tickets and all sales happen online.
All transactions take place within a personalised club portal and you receive tickets directly via email

What hasn't changed is that our club still gets to keep 100% of the proceeds of every ticket sold.

That's money spent back on the kids on things like new training equipment for next year, training courses and guest speakers, maybe more vouchers to use as awards.

Here's how to buy a ticket: click on the below link

https://toyotagoodforfooty.raffletix.com.au/parkorchardsjfc

THANK YOU



We recently hosted our wonderful sponsors for breakfast showing them thanks to their contribution to our great club.

It was a great opportunity to meet in person and look at ways we can work together moving forward.

We couldn't be the club that we are without the passionate and dedicated support from our long list of sponsors.

A huge thank you to each and everyone of our valued sponsors. We really appreciate your support.

Thank you also to Blue Dog café for providing the incredible breakfast spread.

If you would like to know more about being a sponsor for our 2023 season, please get in touch with Kate Gniel on president@sharksjfc.org.au



ph: **9384 1400** www.walshewhitelock.com.au 701 Sydney Road Brunswick 3056 Victoria

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Walshe and Whitelock is a third generation, family run business.

Established in 1889 at 701 Sydney Road Brunswick, our business has lived through the ups and downs of the property market for over 130 years, establishing a reputation for good business practices and excellent results. Our history gives you an edge in real estate.



HELP RAISE FUNDS FOR

Park Orchards North
Ringwood Parish Junior
Football Club

BY USING YOUR RITCHIES LOYALTY CARD



Download the Ritchies Card App





- Nominate our organisation
- Shop at Ritchies
- You will benefit and we will benefit

CONDITIONS APPLY

Go to www.ritchies.com.au/loyalty

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MAKE A DIFFERENCE TO YOUR COMMUNITY

Do you have an hour or two spare a week?

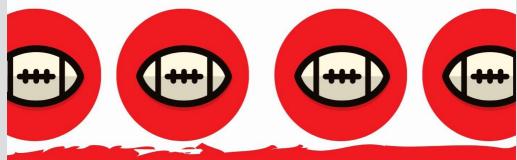
WE ARE LOOKING FOR SUPERSTARS IN OUR COMMUINTY WHO CAN LEND A HAND IN A VARIETY OF AREAS INCLUDING:

> EVENTS SPONSORSHIP REGISTRATION CHILD SAFETY

If you have a skill that you think would benefit our club and local community, we want to hear from you.

#TogetherWeCan.

Get in touch today president@sharksjfc.org.au





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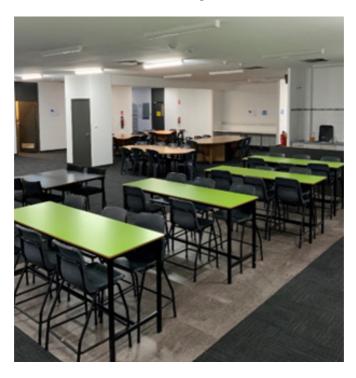


We are True Coverings, a locally owned and operated commercial floor and wall finishes business that has over 30 years combined experience in all types of floor and wall finishes, such as carpet tiles, vinyl, ceramics, rubber, and epoxy coatings. Even though we are based in Knoxfield (Victoria), we regularly carry out installations in all other states.

Catering for everything, from design & product selection to final installation, we take pride in our professional service and quality of finished products. With extensive experience in the Education sector, we can advise on fit for purpose products as well as on-going maintenance and repairs of existing floor and wall coverings.

True Coverings is SAMS4Schools approved and carry out regular works for education facilities such as Hallam Secondary College.

We have included some product information on exciting new ranges designed for Education that may be of interest and help to you. If we can help in any way, please get in touch with us at **info@truecoverings.com.au**



Sponsor of the week

Healesville Toyota

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Healesville Toyota

Healesville Toyota has been family owned and run for over 40 years.

Our team are always there to help you make the right choice for your motoring needs and will ensure that you enjoy your experience with us.

Range of services include:

- New and used vehicle sales
- Finance and insurance
- Toyota Access guarantee your vehicle's future value
- Genuine Parts and Accessories
- Trade in valuations
- Servicing loan vehicles and courtesy pick up and drop off available

Guest First and Continuous Improvement are at the forefront of what we do.

www.healesvilletoyota.com.au

ph. 5962 4333

PLAYER PROFILES

PROFILE • LACHIE COLLINS • U14R

Nickname: Collo

School attending: Yarra Valley

Grammar

How long been playing football incl

Auskick: this is 7th year

Fav footy team: Hawthorn

Fav AFL player: CJ

Best footy memory / moment: winning

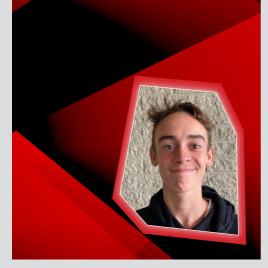
the U11 premiership

Funniest footy moment on or off the

field:

What is it about playing AFL that you

love? We don't play AFL



PROFILE • JOSH SPRAGUE • U10

Nickname: Josh

School attending: Park Orchards

Primary School

How long have you been playing footy? 2nd season and did Auskick

before then

Fav footy team: Essendon

Fav AFL player: Anthony McDonald-Tipungwuti

Pre-Game food: Cereal or bacon and

eggs

Best footy memory/moment: Winning

first game at our home ground!

Funniest footy moment on or off the field: When the team did specky practice on the dads!

Why do you love playing AFL: I get to play with my friends & tackle the opposition players.

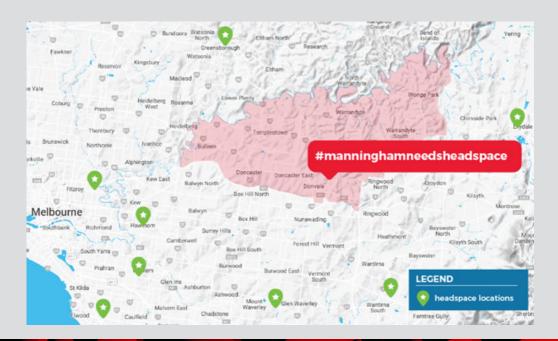
Achievements -My game's improved & I kicked 4 goals in a game.



Manningham Headspace

Help call for a headspace in Manningham!

- Manningham Council is advocating for a local headspace and needs your help.
- headspace is a trusted service that provides mental health support for young people aged 12-25.
- Travelling to the closest headspace can take up to 80 minutes and wait times
 at existing headspace services can be up to six months. Suicide is also the
 leading cause of death for our 15 to 24 year olds. We want to establish a
 headspace in Manningham to make it easier for our young people to receive
 mental health support.
- Share your thoughts on accessing youth mental health services and tell us why
 you want a headspace in Manningham.
- Find out more and help get a headspace in Manningham by visiting Your Say: yoursay.manningham.vic.gov.au/youth-mental-health





FREE SKIN CANCER SCREENING

THE LIONS CLUB OF PARK ORCHARDS INC.

in a joint project with

The Lions V Districts Cancer Foundation Inc.

Trained volunteer dermoscopists (skin screeners) will conduct FREE Skin Cancer Checks

At: Domeney Reserve, Park Orchards on Fri 2nd Sept & North Ringwood Shopping Centre on Sat 3rd Sept

To book a free skin check appointment -

Phone: 0457 338 997 or

Email: ian.sutton@hotmail.com



Team Sponsors

We thank the following business for their generous sponsorship of the below teams.

U8



U10





U11



U12



U13



U14R



U15



U16R



Colts



U15Girls



Youth Girls



Club Sponsors

MAJOR SPONSORS

CLUB RINGWOOD

GOLD SPONSORS









SILVER SPONSORS



BRONZE SPONSORS



Milestone Banners

A milestone banner is a run through banner that players use to celebrate when they reach 50, 100 or 150 Sharks games played.

Your team manager will be able to let you know when you are reaching milestone game tally

There are two steps to organising the banner:

- 1. Book the Sharks banner which will frame your child's crepe paper insert.
- 2. Order or make your own crepe paper insert with your child's detail on it.

PLEASE REFER TO THE CLUB WEBSITE FOR MORE DETAILED INFORMATION. THE BELOW IS ONLY A BRIEF OVERVIEW

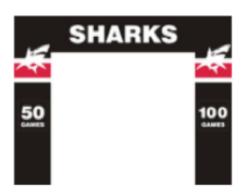
STEP 1: BOOK THE SHARKS BANNER

The Club has 2 banners for use by Sharks families to celebrate the milestone games 50 Games and 100 Games (some reach 150 Games)

The outside of the banner is what you book using the online booking form on the website: Sharks Junior Football Club » Run-Through Banner (sharksjfc.org.au)

This form goes to Peter Hume who manages our banner bookings and will liaise with you regarding collection and return

The inside section of the banner is designed to be filled with crepe paper and used as a run through for the players (see Step 2)



STEP 2: ORDERING OR MAKING THE BANNER INSERT

The banner insert is a crepe paper section which attaches to the banner and is designed for the players to run through. You can order the crepe paper banner insert or you can make your own.

Pre-Made banner by Milestone Banners

Milestone Banners is a company that will make the insert of your banner & deliver it to your door. They need 1-2 weeks notice & prices start from \$150

DIY Banners

If you decide to make your own please refer to our website for instructions and templates









THE SHARK ATTACK

PARK ORCHARDS NORTH RINGWOOD PARISH JUNIOR FOOTBALL CLUB

ROUND 13

24 - 07 - 2022

Train to be a junior AFL Umpire

Are you minimum 14 years old and looking to earn some extra money?

Why not give umpiring junior AFL a go. You'll receive training every week, no night shifts and keep fit!!

The YJFL are always looking for new enthusiastic umpires to start their umpiring career within the states biggest junior football league!

You will be able to attend weekly training sessions within Sharks territory at Colman Park in Warrandyte South by the highly experienced Jackson Emery Colman Park Tuesdays 6-7pm.

Contact Nina on 0409564724 or merchandise@sharksjfc.org.au if you are interested in being a junior AFL umpire