

## **RULES FOR UNDER 8 COMPETITION 2015 ONWARDS**

### **ATTACHMENT A**

#### **10. RULES FOR UNDER 8 COMPETITION**

10.1 The competition to be the Introductory phase of the Yarra Junior Football League competition. Players must be at least 7 years old by 31 December prior to the year they commence playing.

10.2 Player numbers.

Twelve players per side on the ground at any one time, plus up to four interchange players. Under 8 teams are to have balanced numbers. Where one team is short on players, the opposition will loan players to ensure equality of team numbers on the field.

Interchange of players to be only at quarter, half, and three-quarter time breaks, except in the case of injury when a replacement may be made immediately.

10.3 Ground Size:

80 metres x 60 metres approximately which is designed to fit two games per oval.

10.4 Zones.

Three equal zones to be marked with cones or discs, with four players from each team per zone. The Umpire will pay a free kick to the opposition if a player does not adhere to their zone.

10.5 Match Length

There will be four 10 minute quarters with breaks of five, five and five minutes, with the match to be completed within one hour.

10.6 Competition details

There will be no recorded scores, ladders or finals. Scores will not be displayed on a scoreboard. There will be no recording of best players and goal kickers permitted. No League representative teams will be selected at this level.

10.7 Contact

No tackling or bumping is permitted. No contact or spoiling is permitted except when accidental in nature.

## 10.8 Umpiring

The Field Umpire, provided by the home team, shall wear a plain white shirt and be equipped with a whistle. Each team will provide a goal umpire.

## 10.9 Bouncing the ball

A player may bounce the ball once before disposing of it.

## 10.10 Marking the ball

A mark is awarded, irrespective of the distance the ball has travelled, to any player who catches it from a kick, or makes a reasonable attempt to catch it.

## 10.11 Kicking off the ground

No deliberate kicking off the ground is permitted; when detected a free kick will be paid to the opposition.

## 10.12 Out of Bounds

From a kick where the ball goes out of bounds a free kick is awarded against the player who last kicked the ball. From hands or body, or if there is doubt, the umpire shall call a ball-up 10 metres in from the boundary.

## 10.13 Stealing smothering, shepherding and barging.

No stealing or smothering of the ball, shepherding or barging is permitted.

## 10.14 Penalties.

No distance penalties apply at this level. Players can be ordered off at the umpire's discretion.

## 10.15 Commencement of play

Play shall be started by a ball-up between centremen at the 3 metre centre circle.

## 10.16 Team Officials

### 10.16.1 Coaches

Only one coach is permitted on the ground. The purpose of the coach being on the ground is to direct players to stay in their positions and zones. Coaches are to wear League Blue Bib identification

#### 10.16.2 Trainer

A Trainer may not be used to coach players and may remain on the field only the length of time taken to treat an injured player or to provide water. After attending to players Trainers must return to their position behind the boundary line. They are not to remain on the field. The League Green Bib identification must be worn by Trainers

#### 10.16.3 Runner

A Runner is not permitted in Under 8 matches.

### 10.17 At the End of the Game

At the end of the game all Players and Coaches are to gather together on the ground to be addressed by the Umpire, and all will leave the ground together - a visual demonstration of the spirit in which the game is played. Coaches are to instruct players to shake hands before/after game.